

Fencing Dictionary

- ◇ **Touch**
= Point, hitting your opponent
- ◇ **Strip/piste**
= Area of play
- ◇ **Lamé**
= Shiny outer layer worn by foil and sabre fencers to designate a target area



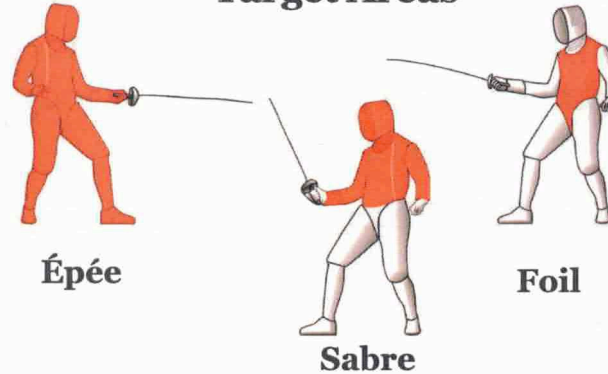
Referee Signals



Right of Way Explained

- ◇ Used in foil and sabre
- ◇ Fencer who starts an attack moving forwards gets right of way; they have the 'right' to score a touch
- ◇ Right of way can be lost if:
 - They make a mistake in their attack
 - Their opponent interrupts their attack
- ◇ Right of way can transfer from one fencer to another as they try to score a touch
- ◇ Referees track which fencer has right of way. If two lights go off; point goes to fencer with right of way!

Target Areas



Why Do We Scream?

- ◇ Excitement for a touch
 - ◇ Releases energy
- Feel free to scream and yell along with us!



Fencing 101

Épée



Where to Hit?

Top of the head to the tip of the toes, anything goes! Be careful!

Who Gets the Point?

If a light comes on and someone has hit the target, they get a point.

What Happens When Both Lights Come On?

Both fencers get a point.

A Light Came on but No One Got a Point?

There's no touch if a fencer...

- steps off strip
- passes their opponent
- hits the floor
- makes physical contact their opponent

This goes for all weapons

How Will I Know I'm Watching Épée?

Épée fencers wear all white, and the pace will be slower and bouncier than the other weapons!



Foil



Where to Hit?

The torso and the bib of the mask!

Who Gets the Point?

The fencer with their green/red light on and if they have "right of way"

What Happens When Both Lights Come On?

Only the fencer with right of way is gets a point. The referee decides who had the right of way for that touch

A Light Came on but No One Got a Point?

A white light means they missed the target area, no touch! If you have the right of way but hit off target, nobody gets a point.

How Will I Know I'm Watching Foil?

Foilists wear lamés that cover their torsos like a vest. It will be faster paced than epee but slower than sabre. Foilists also have the smallest and lightest weapons!

Sabre



Where to Hit?

Everywhere above the waist, including the mask!

Who Gets the Point?

The fencer with their green/red light on and if they have "right of way"

What Happens When Both Lights Come On?

Only the fencer with right of way gets a point. The referee decides who had the right of way for that touch

A Light Came on but No One Got a Touch?

Simultaneous! Both fencers attack with the same timing and hit, meaning no one has "right of way." There is no point awarded.

How Will I Know I'm Watching Sabre?

You can score a touch by hitting with the point or touching with the side of the blade. Saberists wear lamés that cover the torso and arms and have a shiny mask. Sabre will be the fastest paced weapon! Blink and you'll miss it!